

Speaking of Kindness

Donna Cameron
author, speaker, trainer



Bring Kindness to Your Organization...

Donna is available to speak at your conference or meeting. Below is a partial list of her kindness programs. Each is available as a keynote, a breakout session or workshop. Whatever program you choose will be customized to your audience, your organization, and your event.

The Business Case for Kindness

Increasingly, kindness is recognized as a “superpower” that improves health, wealth and happiness, and is essential to organizational success. Kind workplaces see increased productivity, profitability, and employee satisfaction, as well as greater employee loyalty and retention. No matter your role in your organization, kindness is the leadership quality that will bring you increased personal, professional, and organizational success. Attendees will learn how to increase their own Kindness Quotient and how to build kind—and winning—business cultures.

An Epidemic of Our Choosing

It’s been proven that both unkindness and kindness are contagious. They spread like a cold or the flu. Armed with this knowledge, we have the power to choose what behaviors to nurture and which to modify. This session offers a toolbox of skills and strategies for advancing kindness and countering unkindness. Attendees will recognize barriers to kindness, explore the roots of unkind behavior, and learn strategies for neutralizing them.

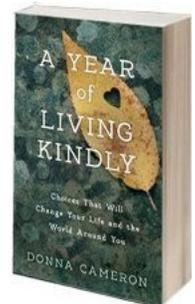
The Superpower That Will Enrich Your Life and Increase Your Success

Kindness is now recognized as a “superpower” that improves health, wealth and happiness, and is essential to organizational success. At every level of business, kindness is the leadership quality that will help you increase personal, professional, and organizational success. On a personal level, kindness offers innumerable health benefits, reduces stress, enhances creativity, and delivers greater overall life satisfaction. Learn how to increase the kindness in your life and manage the people and situations that challenge even the kindest among us.

A YEAR OF LIVING KINDLY is an inspiring, practical guide to help any reader make a commitment to kindness. It explores both the why and how of kindness, showing how each of us can strengthen our kindness muscle, ultimately changing our lives . . . and maybe the world.

About Donna:

“Donna Cameron has spent her career working with nonprofit organizations and causes. She has seen kindness in action and been awed by its power to transform. Through her book, A YEAR OF LIVING KINDLY, and her speaking, Donna shares both the how and why of kindness. She shows audiences how choosing kindness will not only change lives, but might just change the world.”



“Donna delivered exactly the message we needed to hear in this challenging environment. Our members loved her!”



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